

The Wilshire Counseling Center & Dr. Katrina Wood present

Cumulative Trauma

The Impact of Misattunement in Childhood and Hidden Healing Interventions



For psychologists, therapists and counselors.

Live streaming on Zoom. Jan. 31, 9 a.m.-12:15 p.m. PT.

Abstract: The presentation addresses intergenerational trauma and the unintended consequences of cumulative trauma in early childhood.

When misdiagnosed, these untreated states create potentially harmful legacies.

Goals for attendees: **1.** Able to identify four key examples of what constitutes intergenerational trauma normalized as general life experiences by previous generations. **2.** Will reach a deeper understanding of how “good-enough parenting” failed, with specific examples. **3.** Able to name four attachment styles and consider how they may have been formed resulting from unrecognized intergenerational trauma states. **4.** Able to notice how diagnoses such as general anxiety, panic disorder, ADHD, pervasive depression and bipolar disorder may conceal untreated cumulative trauma states.

Katrina Wood, Ph.D., clinical psychologist, is the founder of Wilshire/Valley Therapy Center, serving the L.A. community since 1993. She specializes in trauma.

Meets qualifications for three hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by California Board of Behavioral Sciences. Certificates mailed or emailed to participants on completion of post test with a 70 percent pass rate. One 10-minute break during presentation.

Cost of course: \$119. Students: \$49. Zoom replay of live event available on demand to enrollees.

SIGN UP for course via wilshirecenter.net/events

Questions: connect@wilshirecenter.net

Katrina Wood, Ph.D., is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs and/or LEPs. Dr. Wood maintains responsibility for this program/course and its content.